

Grade 1 Physiotherapist - Community Rehabilitation



Permanent Full Time or Part Time

Who we are

Independent Rehabilitation Services are Melbourne's leading provider of community based neuro rehab and disability services, with more than 20 years experience in the field. We work with adults with various neurological conditions and disabilities.

Our Allied Health team has an outstanding reputation with our clients and families, and the providers that we work with, in delivering exceptional person centred services. Our services are underpinned by our values which include integrity, expertise, respect and leading change.

As part of the IRS team you will be well supported in a workplace that values your professional and personal development to help you achieve high quality outcomes for your clients and reach your career goals.

What you'll be doing

As a Grade 1 physiotherapist at IRS, we won't just throw you in the deep end. You will be supported from day one, guided through our induction program by your physiotherapy supervisor.

Initially you'll spend some time learning how we work and getting to know the IRS team. You'll also have plenty of opportunities to get out with the physiotherapy team and observe client sessions before you gradually start managing your own clients, with the ongoing support of your physiotherapy supervisor and the IRS multidisciplinary team.

No two days are same, but here's some of the things you can expect to be doing:

- You will gradually build and manage a caseload of clients, including working with clients with TBI, stroke, Spinal Cord Injuries, Multiple Sclerosis, Parkinson's Disease, and other related diagnoses in a rehabilitation and disability setting.
- You will provide a variety of interventions and therapy, targeting areas like mobility, gym and hydrotherapy exercise programs in the community, tone and postural management, upper limb rehabilitation, vestibular assessments, and much more!
- You will support clients to achieve their goals at home and in the community. Our physios have worked with clients to get back to activities like bike riding, rock climbing, and stand up paddle boarding, just to name a few!
- You will be accountable to your intervention through goal setting and the use of outcome measures for your clients, underpinned by evidence based practice.
- You will take a person centred approach, and advocate for your clients' needs with various providers such as TAC, NDIS and equipment suppliers.
- As part of the physio team, you will be actively involved in team meetings, journal club, internal professional development and social catch ups, as well as opportunities to participate in various non-clinical internal projects.

- You'll have access to professional development including internal opportunities such as supervision, clinical mentoring, grade 1 peer support and our buddy program, as well as external professional development supported by a very generous PD budget.

We'd love to hear from you if

You're a grade 1 physiotherapist (new graduates also welcome to apply) and:

- You're passionate about working in the community rehabilitation and disability sector
- You are a creative thinker and problem solver
- You are a self motivated lifelong learner
- You're AHPRA registered or eligible for registration as a Physiotherapist
- You have a car and current driver's license

The benefits you get

- A well balanced caseload to suit your learning goals and clinical interests.
- Ongoing support from our experienced team leaders and allied health team, both clinically and personally. Whether this be clinical mentoring, informal supervision in the office, or a walk around the block for a chat, our team is here to support you. We support clinicians during all stages of their career - from students on placement to becoming our new graduate clinicians, and progressing through each grade level.
- A wide range of opportunities for project work and ongoing professional development both within the physio team and the wider multidisciplinary team, where you can grow your non clinical skills.
- We understand that you have a life outside of work, with children at school, family commitments, or sports practice on a Thursday afternoon. So you can decide your working hours to suit your lifestyle.
- Flexibility to work from home or the office, with your caseload within a defined catchment area.
- Regular formal supervision, and clinical mentoring and a performance enhancement program to support your clinical skills development.
- Access to our non-clinical support programs will help you navigate your first year with IRS. These peer support programs provide great opportunities to catch up over breakfast to discuss all things work/life balance and gain some effective tips and tricks from your peers.
- Opportunities to attend social events throughout the year both within the office and outside of work. Over the past year we've done dumpling making, virtual pilates classes, ski trips and hiking weekends.
- We will provide you a mobile phone and laptop for all your clinical work, and ensure you are compensated for costs associated with client travel.
- We offer cultural leave, paid study leave and funding for professional development courses to support your learning.

Interested?

If you are interested in applying please send a cover letter and your CV to:

careers@independent-rehab.com.au. If you have any questions, please contact Natalie Pribil (Business Manager) on (03) 9885 2533.

We are inclusive

At Independent Rehabilitation Services we have developed a culture of inclusivity and respect amongst our employees. We are committed to equality and diversity and value the positive impact that difference has on our team. We encourage applicants from diverse backgrounds, abilities and experiences to apply.